

January, 2019



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	New Year's Day		
	1	2	3
7	8	9	10
14	15	16	17
MLK Jr. Day/Full Wolf Moon			
21	22	23	24
28	29	30	31

FRIDAY	SATURDAY	SUNDAY	NOTES
		Epiphany	
4	5	6	
11	12	13	
18	19	20	
Burns Night			
25	26	27	

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JANUARY MENU PLANNING

Sundau	Mondau	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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To Do This Month

House & Garden

Seasonal Ideas

January Goals

Weekly Rhythm:

Notes:

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Weekend:

Of Note:

Theme:

Meal Planning

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Notes:

Home & Garden

"Every man should be born again on the first day of January. Start with a fresh page. Take up one hole more in the buckle if necessary, or let down one, according to circumstances; but on the first day of January let every man gird himself once more, with his face to the front, and take no interest in the things that were and are past."
- Henry Ward Beecher

To Do This Week

Crafts & Comforts

Weekly Rhythm:

Notes:

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Weekend:

Lined writing area for daily and weekend rhythm entries, separated by horizontal dividers.

Lined writing area for notes, spanning the full height of the page.

°°*°*°*°*°*°*°*°*° January Review *°*°*°*°*°*°*°*°*°*°

A large rectangular area with a thin brown border, containing 25 horizontal white lines for writing.

°°*°*°*°*°*°*°*°* Happy New Year! *°*°*°*°*°*°*°*°*°*

Lined writing area with horizontal lines for text.



A large rectangular area containing 25 horizontal lines, intended for writing or drawing.



A large rectangular area containing 25 horizontal lines, intended for writing or drawing.



A large rectangular area containing 25 horizontal lines, providing space for writing or drawing.